Name_____
Date_____

Beginning Question Response – "How You Relax"

Directions: Please respond to the question below.

Question: How do you relax? When?

Example Answer: I am always tired after work. When I get home, I usually make a cup of tea or coffee. I listen to music, drink my tea, and read my mail. Then I have more energy.

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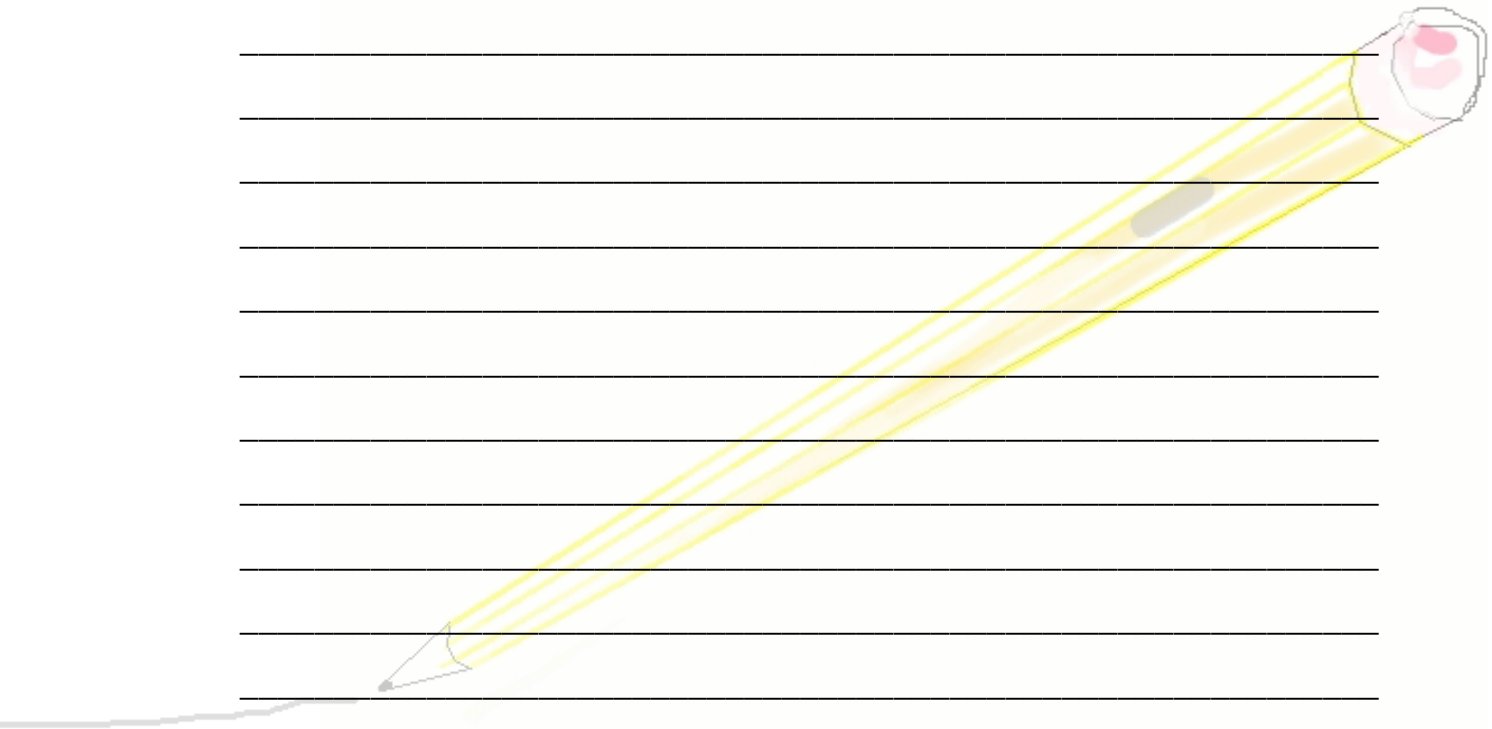
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